

Octaves

Goal: To reinforce the proper embouchure and airtightness when switching octaves.

Timeline: Once each day at the beginning of the practice session

Options: Use with [5ths](#), [Longtones](#), [Overtones](#) or substitute in place of them as a daily warm up.

Once a good embouchure has been established, practicing octaves will help you become familiar and confident with playing large intervals.

IMPORTANT NOTE! It is first necessary that the player has a complete understanding and ability to breathe from the diaphragm. Assuming this, continue with the exercise.

1. Play low C several times until you feel you are breathing properly and you have the correct embouchure setting. (1st measure)
2. Set the metronome @ 72-80
3. Play low C, for two beats then slur to the middle c with no pressure change in the embouchure. (2nd measure)
4. If the higher c feels flat or under pitch, speed up the air for the higher note.
5. Continue through the exercise.
6. If at any time you feel you are biting, STOP the exercise. Relax....don't bite and continue.
7. It is most important to remember that once the [embouchure](#) is set, it should remain stationary.

Good luck!

*As always, there is no substitute for a qualified private teacher. Seek a professional who specializes in saxophone.

Octaves for Sax

The sheet music is organized into ten staves, each containing six measures of music. The exercises are as follows:

- Staff 1:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 2:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, F4, E4, D4, C4, B3.
- Staff 3:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 4:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 5:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 6:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, F4, E4, D4, C4, B3.
- Staff 7:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 8:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 9:** Starts with a whole rest, followed by six measures of eighth notes with slurs. The notes are: G4, A4, B4, C5, B4, A4.
- Staff 10:** A final staff containing six whole rests.

